

Benefits Advice Service for involvement leaflet (easy read version)



**Are you helping to do research
about health and social care
in Wales?**



**Are you getting paid for your
time or other costs like travel?**



**Do you want to know how this
might affect your benefits?**

**Benefits is money you might
get from the government.**



**There is a phone number you can
call for **free advice**.**



The people you speak to can help you think about:

- The benefits you get
- How they might work with the research you want to help with

You can get this free advice if you are:



Someone from the public who is helping with research or wants to help with research.

This means you might work with people who do research.

You might help them plan the research and do the research.

For example, you might help make decisions about the research or check information about it.



2

**Someone doing the research
(A researcher)**

More about the free advice

You **can't** get advice about:

- Tax or National Insurance. This is money you pay to the government.
- Money and benefits if you are taking part in a research study.



For example, if the research is about you or you are testing a new medicine or idea.

The people you will speak to are called Citizens Advice.

They will keep your information very private.



How to get the free advice



Phone Citizens Advice on:

0 1 2 3 4 3 3 0 6 0 4

Say the letters **PIEW** to them. This will help them know how to help you.

If you have any questions



Please ask us. We are called Health and Care Research Wales.

Email:

research-involvement@wales.nhs.uk



Phone: 0 2 9 2 0 2 3 0 4 5 7

